

Say the following blessing when the time  
for ending Shabbos has passed:

בְּרוּךְ הַמַּבְדִּיל בֵּין קֹדֶשׁ לְחֹל

*Ba-RUCH ha-mav-DEEL bein  
KO-desh le-CHOL.*

Blessed is He [G-d] Who separates between  
the holy and the mundane.

When we say this blessing, we are acknowledging that G-d  
separates the holy day of Shabbos from the rest of the week.  
It is a reminder to carry over the spirituality and inspiration  
we gained over Shabbos into the upcoming week.

When Shabbos is over, it is prohibited to do any activities that are prohibited on Shabbos (such as using electronics) until you either: (a) hear someone make Havdallah; or (b) say "Baruch HaMavdil" within Maariv davening; or (c) verbally acknowledge that Shabbos has ended.

Therefore, if you have not yet heard Havdallah or davened Maariv, you should say the sentence on the back of this card to accomplish (c) verbally acknowledging that Shabbos has ended.

After saying the sentence, you can do regular weekday activities again.

*Want to learn how to make havdallah?  
Visit [bit.ly/havdallah1](http://bit.ly/havdallah1)*

